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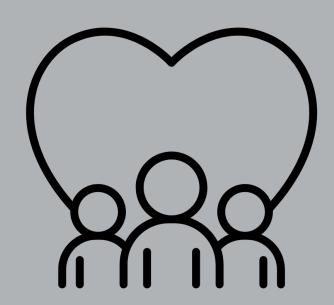
Scan code or visit

https://www.cityofjay.city/resource-guide

to print additional copies.



# **2025**Delaware County Resource Guide



Includes Local & Statewide Connections

#### **DELAWARE COUNTY**

#### **COLCORD**

**New Life Ranch** 

918-422-5506

https://newliferanch.com/

160 New Life Ranch Drive Colcord OK 74338

• Christ-focused summer camp and retreat center.

Senior campers (7th-12th grade) get to do things like ride horses, canoe, rock climb, launch off the blob, and worship God, all while building relationships with peers, counselors, and ultimately Jesus Christ.

#### **GROVE**

#### **Abundant Hope**

918-786-9557

124 S Cherokee St. Grove OK 74344

https://www.ahgrove.com/

www.facebook.com/abundantblessingscentergrove

- An outreach ministry committed to offering families in the Grand Lake community physical, emotional, and spiritual support focusing on pregnancy and early childhood related issues.
- Services offered include: pregnancy testing ultrasounds
  - adoption options material incentive program parenting classes support during hardship relationship counseling

## **American Legion Post 178**

918 791-3259

114 S Broadway St Grove OK 74344 Commander Steven Thomas II (916) 893-6175 https://americanlegiongrove.com/about-post-178/

Email: adjpost178@gmail.com

Flourishing with the idea of putting veterans and youth first.
 Looking to assist those in need of financial assistance with youth

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- school supplies. Able to assist other organizations, churches, and projects by providing a charity bingo to raises funds for others.
- If you're a veteran and want a place to just enjoy the company of others or need help with your benefits? The Legion provides the Veterans Coffee Bar, Monday through Friday from 8 AM -12PM with coffee and donuts. If you're not a veteran that is ok just come in and we can talk.
- Meetings 2nd Tuesday every month.

#### **Bridges of Hope - Delaware County**

PO Box 453045 Grove OK 74345 https://bridgesofhopeok.org/

Nancy (918)257-1230 (text) Dwayne (918) 801-2396

- Community wide initiative designed to move people out of poverty into self-sufficiency by developing a mindset enabling the building of a network of resources within the community.
- Initiative offers unique understanding of economic diversity giving individuals, families, and communities new ways to solve problems.
- Educational process informs the community about what is needed to address issues of poverty in such a way that individuals in generational poverty may truly be helped to rise into a more stable, self-sufficient lifestyle.

#### **Celebrate Recovery**

918-791-8177

Newsong Church - 61980 E 353 Road Grove OK 74344 http://www.newsonggrove.com/CelibrateRecovery.html

- Celebrate Recovery is a biblical and balanced program that helps us overcome our hurts, hang-ups and habits. It is based on the actual words of Jesus rather than psychological theory.
- Meets Fridays from 7pm to 9pm

#### The Food Pantry of Grove

918-786-6798

1703 E Hwy 10 Grove OK 74344

https://www.grovecos.com/missions

Email: helpcentergroveok@gmail.com

- A faith based ministry providing emergency food assistance in northern Delaware County. The Grove Food Pantry has been serving families for over 20 years!
- Open M-W-Th-F 10am to 2pm

#### **Christian Medical Clinic of Grand Lake Inc**

918-787-5191

501 E 13th Street Grove OK 74345

https://grandlakechristianclinic.org/

- Spiritual support (Christian/Pastoral Counseling) Medical Services
   Basic dental services (extractions primarily) Chiropractic
   services Pharmacy Educational materials Misc. durable
   equipment items (walkers, crutches, pulmonary medication
   delivery systems, dressing supplies, etc.) Evening meal
- Serving Delaware, Mayes and Ottawa counties ages 19-64 and without health insurance or coverage

#### **COS Church of the Shepherd**

918-787-4365

1600 Har-Ber Road Grove OK 74344

https://www.grovecos.com/

#### **DAV (Disabled American Veterans) #19**

918-787-6402

PO Box 450675 Grove OK 74345

https://groveok.org/member-listing/member/204/disabled-americanveterans

Certified Service Officers to assist Veterans - Transportation
 Assistance - Helping Veterans file VA claims

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# Delaware County Community Partnership (DCCP)

918-857-9854

PO Box 450277 Grove OK 74354

https://dccpoklahoma.com/

Email: delcopartnership@yahoo.com

- Offering services and resources to improve the lives of Delaware County residents. Networking & volunteer opportunities available.
- Meetings take place the second Tuesday each month rotating between Northeast Tech - Kansas & NEO Grove Campus

#### **DOC Services Inc**

205 B Street NE Miami OK 74354

98-542-6671

http://www.docservices.org/

- The Older Americans Act (OAA) primary vehicle for the delivery of social and nutritional services to seniors (60 years and older) and caregivers in Delaware, Ottawa and Craig counties. Services include:
  - Congregate Meal Sites Home-Delivered Meals
  - Homemaker Services Transportation Outreach
  - Nutrition Education and Counseling by a registered dietician
- Advantage Program Long-term care services for the elderly and a limited group of physically disabled adults.

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#### **Foundation Free Will Baptist Church**

918-787-8950

23800 US 59 Grove OK 74344

https://foundationchurch.net/

Reformers Unanimous Thursdays 6:00 PM

#### **Good Shepherd Hospice**

918-786-1682

1120 NEO Loop Grove OK 74344

www.goodshepherdhospice.com

Provides comprehensive hospice care including:

- Home Health Aid : Support for daily living activities
- Counseling and Support: Emotional and spiritual support for patients and families.
- Counseling and Support: Emotional and spiritual support for patients and families.
- Occupational and Physical Therapy: Assistance with mobility and rehabilitation.
- Occupational and Physical Therapy: Assistance with mobility and rehabilitation.
- Medication Management: Coordination of medications to manage pain and symptoms.
- Social Services: Community support and resources for patients and caregivers.

#### Grand Lake YMCA

918-786-5774

821 E 11th St Grove OK 74344

https://tristatefamilyymca.org/

- Child Care (afterschool & out of school options)
- Health & Fitness
- Sports (Youth & Adult teams)

#### **Grand Mental Health**

844-458-2100

1115 Har-Ber Rd Grove Ok 74344

https://www.grandmh.com/

 Offers a diverse selection of quality mental health, behavioral health and crisis services for all ages and backgrounds. Services are recovery-oriented, focused on helping individuals improve

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health and wellness, live a self-directed life, and strive to reach full potential.

#### **Grove Public Library**

918-786-2945

1140 NEO Loop Grove OK 74344

https://eols.org/grove/

- Events for all ages, including arts and crafts, book club meetings, games, and special events. Enjoy free Wi-Fi, access internet computers with Word, Excel, PowerPoint and Publisher.
- Unique Collections check out nontraditional items such as: fishing poles, ukuleles, sewing machines, yard games, karaoke machines, metal detectors, telescopes, projectors, knitting looms and more.
- Available Services Include: Black and white printing or copying -Color printing or copying - Scanning - Faxing - Notary (please call ahead) - 3D Printing

#### **Grove Rotary Club**

940-391-9548

https://www.groverotary.org/

PO Box 452286 Grove Ok 74345

Email: groverotaryclub@gmail.com

 The Grove Rotary Club meets Wednesdays at noon at the Church on the Hill, 1005 Leisure Rd. Rotary is Ordinary People working together to accomplish Extraordinary Things! If this appeals to you, then Rotary definitely is for you, too!

#### **Grove Rotary Club - Dolly Parton Imagination Library**

Contact: Mary Richardson

Email: DPILRotary@gmail.com

- Parents or guardians may register their children online by filling out a brief form at www.imaginationlibrary.com.
- They also may register by completing a printed registration form available at various public locations, such as public libraries.

- Completed paper registration forms may be mailed to Grove Rotary Club, P.O. Box 452286, Grove, OK. 74345.
- Registered children will begin receiving books at their home addresses about eight to 10 weeks after their forms are received.

#### **Grove Senior Citizen Center**

918-786-6310

145 E O'Daniel Parkway Grove OK 74344

#### **Heavenly Angels House**

918-314-3843

PO Box 452414 Grove OK 74345

https://heavenlyangelshouse.org/

- Non-profit organization, providing compassionate care and a loving home to dying and terminally ill individuals in need.
- By partnering with local medical hospice Heavenly Angels House is able to relieve the care-giving/financial burden on family and friends and assist them in their grief journey. There is no charge to guests or their families for the care and services provided.

#### **House of Hope Inc**

918-786-2930

(Residential)

32300 S 625 Road Grove OK 74344

919-787-2242

(Outpatient)

https://houseofhopegrove.com

- Alcohol and addiction treatment center helping individuals learn a new way to live without drugs or alcohol. Rehabilitation and outpatient facilities provide a safe place to learn, heal and recover from the devastating effects alcohol and drug addiction has on both the individual and their family.
- No one will be denied access to services due to their inability to pay.

<b>Financia</b>	P	lannin	g/Tax	<b>Assistance</b>
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Offers discount/sliding fee based on family size and income.

#### **Integris Health Grove Hospital**

918-786-2243

1001 E 18th Street Grove OK 74344

INTEGRIS Health Grove Hospital | INTEGRIS Health (integrisok.com)

#### **Laundry of Love**

918-964-9377

Contact: Pam Sitton

Location: Washboard Laundry (111 S Shundi Grove OK 74344)

- Assistance laundry soap and laundromat fees
- Service available 1st Friday each moth from 6 to 8pm.

#### Northeastern Oklahoma A&M College

918-787-5475

104 West 3rd Street Grove OK

https://neo.edu/about/grove-center/

Email: neogrove@neo.edu

Services available: Admissions - Advisement & Enrollment - College - Course Work - College Placement Testing - GED Test

Preparation - Test Proctoring - TANF Grant Services - Internet

computer lab access

#### **Northeast Technology Center - Grove OK**

8705 Hwy 59 N Grove OK 74344

https://www.netech.edu/

 NTC's Business Development Program is designed to offer solutions and ideas for the growth, development, expansion or diversification of your business. Customized industrial maintenance and safety training are offered through NT's Business and Industry Services.

#### **Pelivan Transit**

918-786-7516

https://www.pelivantransit.org/

• Transportation Service - Grove, Monday-Friday 8am-4pm, rates vary based on age and tribal citizenship

#### **ROCMND Youth Services**

918-787-2104

10403 US Hwy 59 N Grove OK 74344

https://rocmnd.org/

 No Cost Counseling for children, teens, and their families -Individual & Family - Educational groups - Parenting Classes, Prevention Services - etc.

#### **Seneca-Cayuga Nation**

918-787-5452

23871 S 655 Road Grove OK 74344

http://sctribe.com/

 Substance Abuse Program: Counseling, Referrals, Alcohol/Drug Education, Problem & Compulsive Gambling - Violence Prevention and Victims Services

#### **West Counseling and Strategy**

918-791-3304

414 E 3rd Street Grove OK 74344

Email: elizabeth@west-strategy.com

https://west-strategy.com/

 Private pay and flex spending account (FSA), not accepting insurance currently.

# **JAY**

#### **AAVCOR LLC**

918-253-6628

1427 N Main Street Jay OK 74346

#### aavcor.com

• Drug Testing Screening Services in cases such as:

# **Clothing/Furniture/Household Items**

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- Reasonable Suspicion
   School Testing for Extracurriculars
- Court Ordered & Child Custody Cases
   Others Available On Request

#### **American Legion Post 195**

(918) 253-8968

701 State Hwy 20 Jay OK 74346

www.facebook.com/people/Jay-American-Legion-Post-

195/100095565369567/

Email: jjkey1949@gmail.com

• Sons of the American Legion

#### **Brush Creek Academy - Teen Challenge**

918-435-8206

43074 County Road 608 Jay OK 74346

www.brushcreekacademy.com

- A 12 to 15-month Christian drug and behavioral recovery center that recognizes the unique needs of each teenage boys. Every aspect of our troubled teen program: the structure of his day, individualized academic and growth plans, animal therapy, pastoral counseling, leadership training, and life skills projects are
- developed with intentionality, focusing on personal growth and development.

#### **Boys and Girls Clubs of Delaware County**

918-253-2500

https://www.facebook.com/bgcdcgreatfutures

Administrative Offices: 1421 N Main Jay OK 74346

 The Boys & Girls Clubs of Delaware County provides youth ages 6 to 18 a safe and fun place to learn and grow in character. Our trained staff guide, teach, and motivate kids to be successful while delivering engaging programs focused on academics, health, and leadership. It takes innovative, quality programs designed to empower our youth to excel in school and lead healthy, productive lives. We do whatever it takes to ensure all kids have a great future. Club sites serve youth in communities in Jay, Kansas, Kenwood, Leach, and Wickliffe.

CAAIR 918-529-8600

#### (Christian Alcoholics and Addicts In Recovery)

40152 S 700 Road Jay OK 74346

https://caair.org/

- Recovery facility for men ages 18+
- Program requires commitment of one year. Upon successful completion, a certificate and a monetary gift awarded.

#### The Caring Kitchen

918-253-4585

1115 W Washbourne Jay OK 74346

https://jayok.adventistchurch.org/foodbankministry

Food pantry open to anyone - 2nd & 4th Monday of the month - 9 AM to 12 PM

#### **Cherokee Nation Career Services**

918-253-3243

1178 W Cherokee Jay OK 74346

career-services-dept@cherokee.org

- Career Services provides tribal citizens with employment training opportunities and job assistance. The department also helps bring industry into northeastern, Oklahoma offering recruiting fairs and employee training. Career Services oversees multiple programs including the TERO office, Summer Youth Employment
- Program, Job Corps, Adult Education Program, vocational raining, Reentry program and more.
- Offers several in-house training programs, as well as, assistance to those who are enrolled in vocational training or associate of Applied Arts or Applied Science degree programs.

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 There are also programs specific to housing residents, individuals with disabilities, and youth.

#### **Community Crisis Center**

918-253-3939

454 Krause Street Jay OK 74346

https://getmeout.org/

 Shelter - Advocacy - Crisis Response - Counseling - Legal Assistance - Protection Order Status - VINE (Victim Information Notification Everywhere) - Address Confidentiality Program -Housing - Court Accompaniment

#### **Delaware County Friendship Homes**

918-253-6032

1617 S Main Street Jay OK 74346

https://homeofhope.com/delaware-county-friendship-homes/

• Residential services - Vocational Training - Serving Adults with intellectual and developmental disabilities

#### **Delaware County Library**

918-786-0103

429 South 9th Street Jay OK 74346

https://eols.org/jay/

- Attend colorful events for all ages. Enjoy free Wi-Fi, access internet computers with Word, Excel, PowerPoint and Publisher—and so much more, including arts and crafts, Storytime, exercise, and line-dancing lessons.
- COPY, FAX, SCAN, AND PRINT Services Available

#### **Delaware County Health Department**

918-253-4511

432 S 9th St Jay OK 74346

https://oklahoma.gov/health/locations/county-health-departments/delaware-county-health-department.html

Children First Program - Communicable Disease Control -STD/HIV testing - Emergency Preparedness & Response - Family Planning

- Clinic General Walk-in Clinic Immunizations SoonerStart/ Early Intervention - WIC Program
- Alternative Locations: Grove, Vinita, Miami

#### **Delaware County OSU Extension Center**

918-253-4332

38267 US-59 Jay OK 74346

https://extension.okstate.edu/

- Delaware County 4-H Clubs including (Colcord 4-H, Jay 4-H, Kansas 4-H, Leach 4-H, Mosley 4-H, Oaks 4-H, and Starr 4-H).
   Project Clubs include Archery Club, Entomology Club, Rabbit Club & Poultry Club)
- Agricultural Program Master Gardener Program Co-Parenting for Resilience Class

**Delaware County Cancer Support Group** 918-353-2216 (Jamie)

417-389-2577 (Sonya)

918-253-1367 (Cathy)

New Hope Baptist Church 37940 US HWY 59 N Jay OK 74346

- Open group for all Cancer patients, Caregivers, Friends and Families
- Resources in Delaware County and throughout Oklahoma
- Individual and group support through the ins-and-outs of daily Living with cancer
- Meets 1st Thursday at 7:00 pm & 3rd Friday at 2pm

DCCSAN

918-253-4539

(Delaware County Children's Special Advocacy Network)

PO Box 1194 or 1530 N Industrial Park Rd Jay OK 74346

https://dccsan.org/

Email: dccsan@grand.net

Forensic Interview & Evaluation - Counseling - Child Abuse
 Prevention Services - Court Preparation - Crisis Intervention -

**Notes:** 

14 79

# **Tulsa County**

#### **OWASSO**

**First United Methodist Church** 

918-272-5731

13800 E 106th Street N Owasso OK 74055

https://owassofmc.org/outreach/

**Sunday** 4:30pm Celebrate Recovery

• Victim Advocacy & Support

#### **Echota Behavioral Health - Jay OK**

918-201-1212

1367 N Main St Jay OK 74346

www.echotabehavioralhealth.com

 Outpatient Behavioral Therapy Services including Individual Therapy (children, adolescents and adults), Case Management, Group Classes and Psychiatry

#### **Grand Mental Health Outpatient**

844-458-2100

1015 W Washbourne Street Jay OK 74346

https://www.grandmh.com/

- Behavioral health and crisis services for all ages.
- 24/7 Crisis Line 1-800-722-3611

#### **Grand Mental Health Urgent**

844-458-2100

#### Recovery Center 24/7 (URC) - Delaware County

1015 W Washbourne Street Jay OK 74346

https://www.grandmh.com/our-services/

 URC admission is voluntary, 18 and older - Experiencing a traumatic event, drug/alcohol emergency, or mental health crisis

## Home of Hope, Inc. Centsible

918-215-2767

**Spending Resale** 

1621 S HWY 59 Jay OK 74346

https://homeofhope.com/client-operated-businesses-2/

• Clothing - Furniture - Home Decor - etc.

#### **Jay Family Medicine**

918-253-2550

#### (Community Health Center of Northeast Oklahoma)

2485 N Main Street Jay OK 74346

https://www.chcneo.com/

- Primary Health Care Geriatric/Medicare Wellness Mental Health Counseling
- Accepts Most Insurance
- Available Sliding Scale Fees (based on income)
- Sooner Care or Healthcare.gov Insurance Enrollment Assistance

#### **Jay Lions Club**

918-801-8822

Jay OK 74346

https://www.facebook.com/people/Jay-Lions-Club/100064333013655/

• Strengthen community - Vision support

#### **Jay Senior Citizen Center**

918-253-8405

816 S Main Street Jay OK 74346

https://www.facebook.com/Jay-Senior-Citizen-Center-110404927332138/

#### **Lighthouse Pregnancy Center**

918-253-5472

16

638 N 5th Street Jay OK 74346

https://www.lhprc.org/

- The Lighthouse Pregnancy Center of Jay is staffed by trained client advocates who offer direction and support for women
- of all ages who are facing an unplanned pregnancy. The goal is
- to offer encouragement and assistance in a low-pressure environment that will empower individuals to make an informed decision.
- The LPC also offers resources for any mother, father, grandparent, foster parent, or relative raising children.

#### **Redemption House of Prayer**

918-825-3728

**Nazarene Church** 

www.rhop.church/celebrate-recovery

405 SE 2nd Street Pryor OK 74361

**Tuesday** 6pm: Celebrate Recovery

# **Rogers County**

#### **CLAREMORE**

Cedar Point Church 918-283-2221

1660 N Lynn Riggs Boulevard Claremore OK 74017

www.facebook.com/CPCRecovery/

Monday 6pm: Cedar Point Recovery

#### First United Methodist Church

918-341-4580

1615 N Hwy 88 Claremore OK 74017

www.facebook.com/ClaremoreFUMCCelebrateRecovery/

**Tuesday** 6pm: Celebrate Recovery

#### **First Baptist Church**

918-341-8181

107 E Will Rogers Boulevard Claremore OK 74017 **Wednesday** 6:15pm: Celebrate Recovery

#### Light of Hope

918-373-4560

77

403 W 1st Street Claremore OK 74017 (large group room, middle door entrance)

www.lightofhopeinc.org

**Tuesday** 6:30 pm Veterans with Hope Support Group

1st & 3rd Tuesdays 2pm General Grief Group

**Thursday** 6:30pm General Encouragement Support Group

Thursday (4th Thursday each month) 6pm: Addictions Awful Truth

Saturday 9:30am Mothers Angels Child Loss Support Group

# **Ottawa County**

**MIAMI** 

**Father's House** 918-540-2257

2226 G NW Street Miami OK 74354

**Monday** 6pm: Celebrate Recovery (meal then meeting)

First Christian Church 918-542-9816

2424 N Main Street Miami OK 74354

**Thursday** 6pm: AA, Miami Oklahoma Group

# **Mayes County**

#### **LOCUST GROVE**

First Methodist Church 918-479-6356

703 OK-82 Locust Grove OK 74352

**Monday** 8pm: AA; Fellowship Hall gathering starts about 7pm

#### **PRYOR**

Creekside Church 918-825-1062

1500 E Graham Ave Pryor OK 74361

https://pryorcreekside.church

Celebrate Recovery

First Christian-Presbyterian Church 918-825-2396

301 NE 1st Street Pryor OK 74361 **Tuesday & Thursday** 12pm: AA **Wednesday & Sunday** 6:30pm: NA

First Church of God 918-825-1062

1500 E Graham Avenue Pryor OK 74361

**Thursday** 6:15pm: Celebrate Recovery

9pm: Café Recovery (childcare provided)

The LPC offers a program called "Earn While You Learn" which enables participants to "earn" much needed resources.

Mease Medical Clinic 918-253-6418

659 S 14th Street Jay OK 74346

Northeast Oklahoma Community Action 918-253-4683 Agency (NEOCAA)

856 E Melton Suite C Jay OK 74346

https://www.neocaa.org/

Child Care - Emergency Services - Financial Empowerment Income Tax Prep - Job Empowerment - Housing Assistance - Home
Weatherization - RX Oklahoma (Prescription assistance) - New Eyes
(eye glasses assistance) - Produce and Posies Garden
Serving Craig, Delaware and Ottawa Counties.

#### Office of Juvenile Affairs

918-253-8920

https://oklahoma.gov/oja.html

1431 N Main Street Jay OK 74346

#### Sam Hider Health Center

918-253-1700

https://health.cherokee.org/health-center-and-hospital-locations/outpatient-care/

859 E Melton Drive Jay OK 74346

#### SoonerStart/Early Intervention

918-253-4511

@ Delaware County Health Department location

SoonerStart - Oklahoma's early intervention program is designed to meet the needs of infants and toddlers with disabilities and developmental delays.

**VA Clinic (Veterans Affairs)** 

888-424-8387

1569 North Main Street Jay OK 74346

918-253-1900

https://www.va.gov/fayetteville-arkansas-health-care/locations/jay-va-clinic/

Mental Health Care:

479-444-5048 x61871

 Primary Care - Laboratory - Mental health care - Nutrition -Pharmacy

#### **KANSAS**

**American Legion Oklahoma Post 0045** 

(918) 253-8968

53991 S 620 Rd Kansas OK 74347

- Sons of the American Legion
- This post is part of the American Legion, a patriotic veterans organization devoted to mutual helpfulness.
- Meets the First Tuesday each month 7pm

#### **Cookson Hills Christian School**

918-948-6300

60416 OK-10 Kansas OK 74347

https://cooksonhills.org/

Residential - School - Therapy for at-risk youth ages 5-17

#### **Echota Behavioral Health Services**

918-868-8120

282 S Hwy 10 Kansas OK 74347

Mental Health Therapy | Echota Behavioral Health | Tahlequah https://www.echotabehavioralhealth.com/

 Outpatient Behavioral Therapy Services including Individual Therapy (children, adolescents and adults), Case Management, Group Classes and Psychiatry

#### **NWARK AA Borderline Group**

419 S Washington Street Siloam Springs AR 72761

www.nwarkaa.org

**Sunday** 10am & 7:30pm

Monday, Wednesday & Thursday 7:30pm

Saturday 12pm & 7:30pm

#### **NWARK AA Posse Group**

Grace Episcopal Church - 617 N Mt Olive St Siloam Springs AR 72761 **Tuesday** 7pm

# **Craig County**

#### **VINITA**

#### **Harvesting Hope Recovery**

918-256-6416

201 S Wilson Vinita OK 74301

harvestinghoperecovery.org

Monday, Thursday & Friday 9am (Recovery Meeting)

Monday 7pm (Recovery Meeting + Childcare)

Saturday 7pm (Recovery Meeting)

**Sunday** 3pm "Becoming a King" Bible Study (Facilitator is able to sign court mandated proof of meeting documents.)

#### **Vinita Community Church**

918-323-4160

75

226 W Canadian Vinita OK 74301

**Sunday** 5pm: Celebrate Recovery

#### Females 'N Anonymous

65632 E 257 Road Grove OK

Wednesday 7pm: AA; Group discussion/women only

#### **Foundation Free Will Baptist Church**

918-787-8950

23800 US Hwy 59 Grove OK 74344

**Thursday** 6pm: Christian Recovery Format/all-inclusive,

**Reformers Unanimous** 

#### **Newsong Church**

918-786-7737

61980 E 353 Road Grove OK 74344

**Friday** 7pm: Celebrate Recovery

#### **JAY**

#### **Prosaic Steel Girder AA Group**

First Baptist Church 503 N 4<sup>th</sup> St Jay OK 74346 **Monday** 6:00pm to 7pm

# **WEST SILOAM SPRINGS OK/AR**

#### **Episcopal Church**

617 N Mount Olive Street Siloam Springs AR 72761

**Tuesday** 7pm: AA

#### **Independent Baptist Church**

479-524-7601

800 OK Hwy 59 West Siloam Springs OK 74964

**Friday** 7pm: Reformers recovery meeting

# **Kansas Medical Clinic-Community**

918-868-2175

#### **Physicians Group**

1261 Tulsa Avenue Kansas OK 74347

https://www.cpgclinics.com/kansas-medical-clinic

 Providing a host of treatment options and outpatient testing to offering clients the best care.

#### **Kansas Public Library**

918-868-5257

https://eols.org/kansas/kansaspl@eols.org

- Attend colorful events for all ages, including Storytime and activities for teens and adults. Enjoy free Wi-Fi, access internet computers with Word, Excel, PowerPoint and Publisher
- In addition to books, you can check out hot spots and Chromebooks!
- Children's Programming

#### **Northeast Technology Center-Kansas**

918-868-3535

450 N Hwy 59 Kansas OK 74347

https://www.netech.edu/apps/pages/kansas

#### **Oaks Indian Mission**

918-868-2196

155 North Military Road Oaks OK 74359

https://www.oaksindianmission.org/

 Serving children from ages 7-17 from over 12 different tribes. Children come to Oaks by placement of families or legal guardians, tribes, courts or DHS. We are licensed to house 58 children in home-like cottages where they receive love, food, shelter, clothing and guidance. Children attend school at Oaks Mission Public School.

#### CHEROKEE COUNTY

# **TAHLEQUAH**

**Cherokee Nation Behavioral Health** 

539-234-3500

19600 E Ross Street Tahlequah OK 74464

https://health.cherokee.org/services-and-programs/behavioral-health/

Adult and Children's Behavioral Health - Psychiatry Services Recovery and Support Services - Crisis Intervention - Inpatient Family Care Management - Parents and Caregivers Support Training Opportunities - Prevention - Medication Assisted
 Treatment - Community Education

#### **Cherokee Nation Career**

918-453-5555

#### **Services -Tahlequah Office**

17675 South Muskogee Ave Tahlequah OK 74464 career-services-dept@cherokee.org

- Career Services provides tribal citizens with employment training opportunities and job assistance. The department also helps bring industry into northeastern, Oklahoma offering recruiting fairs and employee training. Career Services oversees multiple programs including the TERO office, Summer Youth Employment Program, Job Corps, Adult Education Program, vocational training, Reentry program and more.
- Offers several in-house training programs, as well as, assistance to those who are enrolled in vocational training or associate of Applied Arts or Applied Science degree programs.
- There are also programs specific to housing residents, individuals with disabilities, and youth.

#### **GROVE**

#### **Lake Center Baptist Church**

918-257-5202

29020 S HWY 125 Monkey Island OK 74331

Monday 8am: AA; Book discussion/closed meeting

Thursday 7pm: AA; Chairperson's Discretion/closed meeting

(exception: last meeting of the month)

**COS** 918-787-4365

https://grovecos.net

1600 W Har-Ber Road Grove OK 74344

Monday, Wednesday, & Friday 9am: NA; Small group discussion/all

-inclusive, Straight Line

**Tuesday** 7pm: NA; Small group discussion/all-inclusive, Straight

Line

#### **Church on The Hill**

918-786-5148

www.churchonthehillgrove.org

1005 Leisure Road Grove OK 74344

**Monday** 7pm: AA; Beginners meeting, all-inclusive

**Thursday** 12pm: AA; Group discussion/closed meeting, Grove

Nooners Group

7pm: AA; Book study/all-inclusive, Turning Point Group

**Saturday** 7pm: AA; Topic discussion/all-inclusive, Turning Point

Group

#### First Christian Church-Fellowship Hall

918-786-2822

102 W 4th Street Grove OK 74344

**Tuesday** 7pm: AA; Book study/closed meeting, We Care Group

#### **AREA SUPPORT MEETINGS**

# Recovery and Self-Help in Delaware County and Surrounding Areas

# **Delaware County**

#### **CLEORA**

Hope on the Hill Recovery @ Cleora Baptist Church

29304 S Hwy 85 Cleora OK 74331

Contact: Andrea Baker 918-937-3016 or

Marsha Cleaver 918-260-1107

Email: hopeonthehillrecovery@gmail.com

Sunday 6pm: Life Recovery Group

#### **COLCORD**

Orchard View Church

539-328-2007

242 W Orchard Road Colcord OK 74338

Monday 6-9pm: "Revive" Celebrate Recovery

#### **Colcord First Baptist Church**

918-326-4271

538 E Main Street Colcord OK 74338

**Tuesday** 7pm: AA; Big Book, open meeting **Friday** 7pm: NA; Basic Text, open meeting

**Sunday** 5pm: Life Recovery Group

# **EUCHA**

#### **Tia Juana Fire Department**

103 OK-82 Eucha OK 74342

**Tuesday** 7pm: AA; Big Book, open meeting **Friday** 7pm: AA; 12 & 12, open meeting

#### **Cherokee Nation Harm Reduction Program**

539-234-3785

214 N Bliss Avenue Tahlequah OK 74464

https://health.cherokee.org/services-and-programs/behavioral-health/

Offers syringe services - Safe needle disposal - Fentanyl test strips - Narcan nasal spray - HIV and Hep C rapid testing - recovery support - referrals and basic clothing - hygiene kits

# **Cherokee Nation Coming Home**

918-453-5555

#### **Reentry Program**

PO Box 948 Tahlequah OK 74464

www.cherokee.org/all-services/career-services/coming-home-reentry-justice-involved-programs/

- Assist persons who are justice involved or have been released from incarceration. Programs designed to help overcome barriers created by justice involvement allowing participants to successfully reintegrate.
- Services provided on a case-by-case basis and can include, but not limited to; counseling, health care, behavioral health, clothing, hygiene, housing, driver's license reinstatement, vocational training and other relevant services.
- Eligibility: Cherokee Nation Citizen, Reside or plan to reside within a county located within the Cherokee Nation Reservation, Justice Involved.

#### **CREOKS Mental Health Center - Tahlequah**

918-297-0078

711 S Muskogee Ave Tahlequah OK 74464

#### www.creoks.org

 Provides comprehensive mental health and co-occurring services to individuals and families to facilitate recovery and healthy family lifestyles. A private non-profit community behavioral health center provides services children adolescents and adults.

The D.A.R.P. Foundation	918-770-3647
Drug Alcohol Recovery Program	918-456-9100
14100 N 477 Rd Tahlequah OK 74464	
https://www.darpfoundation.com/	

• The D.A.R.P. Foundation is non-profit faith-based organizational Recovery Program facility located in Oklahoma and Arkansas, which provides the opportunity for chemically addicted people, to learn and establish tools for living. The program is a minimum of 6 months centered on learning to live without the usage of any chemicals. Our main goal is to help those with their addiction and offer a new way of living.

#### **Echota Behavioral Health Services**

918-708-9009

16414 W 760 Road Tahlequah OK 74464

www.echotabehavioralhealth.com

 Individual Therapy - Case Management - Psychiatry - Group Classes - Methadone Maintenance (Tulsa location only)

#### Help-In-Crisis

918-456-4357

205 N College Avenue Tahlequah OK 74464

<u>Domestic Violence Support (helpincrisisinc.org)</u>

 Crisis Intervention - Domestic Violence Advocacy - Rape and Sexual Assault Advocacy - Emergency Shelter - Support Groups

#### **Jack Brown Adolescent Treatment Center**

918-453-5000

PO Box 948 Tahlequah OK 74465

https://health.cherokee.org/health-center-and-hospital-locations/inpatient-care/

 A 36-bed, co-educational facility funded by Indian Health Service and operated by the Cherokee Nation. Provides chemical dependency education and treatment for Native American adolescents. Serves youth ages 13-18 experiencing substance

Jay Fire Department/Ambulance Service	918-253-6198
211 S 5th Street Jay OK 74346	
www.facebook.com/JayFireDepartment/	
Kansas Volunteer Fire Department	918-868-2198
160 S Cherokee Street Kansas OK 74347	
Kenwood Fire Association	918-434-6624
48582 S 502 Rd Salina OK 74365	
Leach Volunteer Fire Department	918-868-2100
5791 US Highway 412 Leach OK	310 000 1100
http://www.leachfiredepartment.com/	
Monkey Island Fire Department	918-257-8242
56298 E 295 Rd Afton OK 74331	
www.facebook.com/MonkeyIslandFireDept/	
Seneca-Cayuga Fire & EMS	918-787-9272
23701 S 655 Rd Grove OK 74345	
https://sctribe.com/	
West Siloam Springs Fire Dept. 4880 Cedar Drive Colcord OK 74338 www.westsiloamsprings.org	911

22 71

Kansas Police Department	918-868-2198
160 S Cherokee Street Kansas OK 74347	
https://www.kansasok.net/police	
Mayes County Sheriff	918-825-3535
1 Court PI #150 Pryor OK 74361	
https://www.mayessheriff.org/	
Ottawa County Sheriff	918-542-2806
28 B Street SE Miami OK 74354	
https://ottawacountyso.com/	
West Siloam Springs Police Department	918-422-5101
4880 Cedar Drive Colcord OK 74338	
https://westsiloamsprings.org/police-department	
LOCAL FIRE/EMS	
Cleora Fire Department	918-782-9100
30577 Hwy 85 Afton, OK 74331	
www.facebook.com/people/Cleora-Fire-Departme	<u>ent</u>
Colcord Fire Department	918-326-4112
323 West Main Street Colcord OK 74338	
Eucha Volunteer Fire Department	918-253-3473
7024 E 432 Road Eucha OK 74342	
www.facebook.com/people/Eucha-Volunteer-Fire-	-Dept
Grove Ambulance Service	918-787-3498
701 E 13th Street Grove OK 74344	
Grove Fire Department	918-786-4961
141 E O'Daniel Parkway Grove OK 74344	
https://www.cityofgroveok.gov/fire	

abuse problems. This minimum 14-week program includes behavior modification, individual, family, and group counseling. Jack Brown Center can treat dual diagnosis as well, and uses evidence based and or best practices in the treatment of the youth.

One Fire (Our Nation Ending Fear, 918-772-4260 Intimidation, Rape, and Endangerment)
"SILENCE HIDES VIOLENCE"

EMERGENCY HELPLINE 1-866-458-5399

17846 South Muskogee Ave Tahlequah OK 74464

https://onefire.cherokee.org/

Offers a variety of services including housing, legal and advocacy assistance to women who are victims of a crime. The program does not discriminate and offers assistance to those who qualify and reside within the tribe's 14 county jurisdiction." Transitional Housing services for those who qualify: housing rental assistance, utility expenses, emergency hotel expenses, emergency food expenses, relocation expenses, transportation for relocation expenses.

#### Osiyo Tahlequah Men's Shelter

918-708-9474

118 W Keetoowah Street Tahleguah OK 74464

Provides shelter, food and assistance for homeless men.

#### **Tahlequah Public Library**

918-456-2581

https://eols.org/tahlequah/

- Attend colorful events for all ages. Enjoy free Wi-Fi, access internet computers with Word, Excel, PowerPoint and Publisher
- MAKERSPACE Come express your creativity and explore technology with our 3D printer, laser cutting, Cricut machine and other resources to bring your next idea to life.

- UNIQUE COLLECTIONS "library of things," which includes: Health
  and fitness equipment, hobby and craft supplies, board games and
  practical items like a shredder and label maker.
- LITERACY AND GED CLASSES Offers English Language Learning, literacy classes for adults, and tutoring for the HiSET (high school equivalency) and citizenship exams. For more information or to volunteer to be a tutor, contact the Literacy Coordinator at 918-456-2581, extension 226.
- ACTIVITIES Baby Bookworms Toddler Tales Reading Rockstars
   Teens/tweens Adults

#### Zoe Institute Inc

309 S Muskogee Ave Tahlequah OK 74464

918-453-9778

#### www.zoeinstitute.com

Hands of Grace Warehouse - can be accessed four times within a six month period; items available vary but typically include food, paper products, clothing hygiene items, diapers

and house hold items; MUST obtain a voucher at Zoe Institute to access

- Tahlequah Day Center assistance for individuals at risk of or experiencing homelessness
- Single Mom's Resource Center assists single mothers through education and accountability to make decisions that will produce life change for both them and their children

# **CRAIG COUNTY**

#### **BIG CABIN**

**Grand Gateway Area Agency** 

1 -800-482-4594 ext. 212

on Aging

333 S Oak Street Big Cabin OK 74332

https://www.grandgateway.org/SERVICES/AREA-AGENCY-ON-AGING

LOCAL LAW ENFORCEMENT	
Adair County Sheriff	918-696-2106
600 S Paul Mead Dr Rd Stilwell OK 74960	
Bernice City Police Department	918-256-2222
207 S Broadway Bernice OK 74331	
Cherokee County Sheriff's Office	918-456-2583
213 W Delaware Street Tahlequah OK 74464	
Colcord Police Department	918-326-1700
128 Colcord Avenue Colcord OK 74338	
Craig County Sheriff's Office	918-256-6466
210 W Delaware Avenue Suite 101 Vinita OK 74301	
https://craigcountyso.com/	
Delaware County Sheriff's Office	918-253-4531
Delaware County Sheriff's Office 327 S 5th Street Jay OK 74346	918-253-4531
•	918-253-4531
327 S 5th Street Jay OK 74346	918-253-4531 918-786-6121
327 S 5th Street Jay OK 74346 https://delcosheriff.org/	
327 S 5th Street Jay OK 74346 <a href="https://delcosheriff.org/">https://delcosheriff.org/</a> Grove Police Department	918-786-6121
327 S 5th Street Jay OK 74346 <a href="https://delcosheriff.org/">https://delcosheriff.org/</a> Grove Police Department  13 E 3rd Street Grove OK 74344	918-786-6121
327 S 5th Street Jay OK 74346 <a href="https://delcosheriff.org/">https://delcosheriff.org/</a> Grove Police Department  13 E 3rd Street Grove OK 74344 <a href="https://www.cityofgroveok.gov/police/custom-contaction">https://www.cityofgroveok.gov/police/custom-contaction</a>	918-786-6121
327 S 5th Street Jay OK 74346 <a href="https://delcosheriff.org/">https://delcosheriff.org/</a> Grove Police Department  13 E 3rd Street Grove OK 74344 <a href="https://www.cityofgroveok.gov/police/custom-contact-contact-information">https://www.cityofgroveok.gov/police/custom-contact-information</a>	918-786-6121 ct-page/police-
327 S 5th Street Jay OK 74346 <a href="https://delcosheriff.org/">https://delcosheriff.org/</a> Grove Police Department  13 E 3rd Street Grove OK 74344 <a href="https://www.cityofgroveok.gov/police/custom-contact-contact-information">https://www.cityofgroveok.gov/police/custom-contact-contact-information</a> Jay Police Department	918-786-6121 ct-page/police-
327 S 5th Street Jay OK 74346 <a href="https://delcosheriff.org/">https://delcosheriff.org/</a> Grove Police Department  13 E 3rd Street Grove OK 74344 <a href="https://www.cityofgroveok.gov/police/custom-contact-contact-information">https://www.cityofgroveok.gov/police/custom-contact-contact-information</a> Jay Police Department  102 N 5th Street Jay OK 74346	918-786-6121 ct-page/police-

Safe Needle Disposal	800-643-1643
https://safeneedledisposal.org/	
6	
StrongHearts Native Helpline	1-844-7NATIVE
https://strongheartshelpline.org/	1-844-762-8483
The Trevor Project	866-488-7386

https://www.thetrevorproject.org/

Trans Lifeline 877-565-8860

https://translifeline.org/

#### **Tribal Resource Tool**

https://tribalresourcetool.org/

 Provides listing of all services available for AI/AN survivors of crime and abuse.

• Identifies gaps in victim services so those can be addressed.

Veterans Crisis Line 988 and press 1 https://www.veteranscrisisline.net/ 1-800-273-8255 and press 1

#### Youth.gov

#### https://youth.gov/

- Supporting LBGTQI+ Youth
- Preparing Safe Learning Environments
- Getting Summer Meals & Snacks to Youth
- Stopping Online Exploitation of Youth
- Helping Children and Adolescents Copt with Traumatic Events

 Family Caregiver Program - Masonic Charity Foundation -Ombudsman Program - In-home Services - Medicare D Enrollment - Transportation - etc.

#### **VINITA**

Allensworth Community Health Center 918-276-2667 (Community Health Center of Northeast Oklahoma)

244 S Scraper Vinita OK 74301

#### www.chcneo.com

- Primary Health Care Geriatric/Medicare Wellness Mental Health Counseling
- Accepts Most Insurance
- Available Sliding Scale Fees (based on income)
- Sooner Care or Healthcare.gov Insurance Enrollment Assistance

#### **Compass Hospice**

918-300-4787

844-458-2100

35904 S Hwy 82 Vinita OK 74301

https://www.compassus.com/

Grand Mental Health
Urgent Recovery Center
Craig County Clinic

405 E Excelsior Avenue Vinita OK 74301 https://www.grandmh.com/our-services/

 URC admission is voluntary, 18 and older - Experiencing a traumatic event, drug/alcohol emergency, or mental health crisis Grand Nation Inc.

918-276-2192

123 S Wilson Vinita OK 74301

https://www.facebook.com/GrandNationInc/

Serves the communities of Grand Lake O' the Cherokees, including Vinita, Grove, Jay, Afton, Ketchum, Langley, Miami, Bluejacket and Spavinaw - Community prevention system - Meeting needs and providing resources - Drug and Alcohol Testing

Harvesting Hope Recovery, Inc.

918-256-6416

201 S Wilson Street Vinita OK 74301

https://harvestinghoperecovery.org/

Faith-based self-help and recovery meetings

Home of Hope, Inc.

918-256-7825

226 W Dwain Willis Avenue Vinita OK 74301

https://homeofhope.com/

Serving individuals with developmental disabilities such as residential needs, vocational services, day program

**Vinita Public Library** 

918-256-2115

https://vinitapl.okpls.org/

215 West Illinois Avenue Vinta OK

Attend colorful events for all ages, including Storytime and activities for teens and adults. Enjoy free Wi-Fi, access internet computers with Word, Excel, PowerPoint and Publisher

Vinita VA Clinic

888-397-8387

https://www.va.gov/eastern-oklahoma-health-care/

27371 S 4410 Road Vinita OK

Mental health: 888-397-8387, ext. 4

Mothers Against Drunk Driving 877-MADD-HELP (MADD)-Victim Help Line 1-877-623-3435

https://madd.org/

National Child Abuse Hotline 800-422-4453

https://childhelphotline.org/

National Deaf Domestic Violence Hotline 855-812-1001

https://www.thehotline.org/get-help/domestic-violence-deafservices/

National Domestic Violence Hotline 1-800-799-SAFE (7233)

https://www.thehotline.org/

National Runaway Safeline 1-800-RUNAWAY

https://www.1800runaway.org/ 1-800-786-2929

National Sexual Assault Hotline 800-656-HOPE (4673)

https://hotline.rainn.org/online

Opioid Addiction Hotline 866-210-1303

https://nationalrehabhotline.org/opioid-addiction/

**Parent Guidance** 

https://parentguidance.org/

**Recovery International** 312-337-5661

https://www.recoveryinternational.org/

SAHMSA National Helpline 800-662-4357

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https://www.samhsa.gov/find-help/national-helpline

gastrointestinal care, and sports medicine.

 Committed to reaching as many children as possible, wherever they may live, and offering them our unique, patient-centered, wraparound care.

#### **Stonegate Center**

817-993-9733

7510 FM 1886 Azle TX 76020

https://stonegatecenter.com/

- Faith-Based Addiction Treatment Program Medically-Assisted
  Detox Program Gender-Separate Drug Rehab Facilities Inpatient Long-Term Treatment Credentialed &
  Compassionate Staff Accepts Major Insurances
- Serves both men and women ages 18+

# **NATIONAL HOTLINES/WEBSITES**

988 Suicide & Crisis Lifeline (text or call)

988

https://988lifeline.org/

1-800-273-8255

Crisis Text Line: Text HELLO to 741741

#### **Alcoholics Anonymous Hotline**

866-210-1303

https://nationalrehabhotline.org/alcohol/alcoholics-anonymous-hotline/

### **Autism Society**

1-800-328-8476

https://autismsociety.org/

#### **Bring Change to Mind**

415-814-8846

https://bringchange2mind.org/

Mission to end the stigma and discrimination surrounding mental illness.

#### **WELCH**

#### **Welch Community Health Center**

918-788-3918

#### **Community Health Center of Northeast Oklahoma**

343 S Commercial Welch OK 74369

https://www.chcneo.com/

- Primary Health Care Geriatric/Medicare Wellness Mental Health Counseling
- Accepts Most Insurance
- Available Sliding Scale Fees (based on income)
- Sooner Care or Healthcare.gov Insurance Enrollment Assistance

#### **MAYES COUNTY**

#### **PRYOR**

**First United Methodist Church** 

918-479-6356

of Locust Grove

703 N Hwy 82 Locust Grove OK 74352

https://lgfirstumc.com/

Food Pantry: 117 E Main Street in Locust Grove 918-479-4017

# **Grand Lake Community Ministry**

918-782-6603

"The Blue House"

268 W Broadway Ave Langley OK

www.glcmbluehouse.com

Clothing, food and utility assistance available from 9:30 to 11:30
 Tuesday and Friday mornings

#### **Kingdom Kloset**

918-688-0303

315 N Adair Pryor OK 74361

https://www.impactcenterofok.com/

Free clothing closet for men, women and children. No income

- requirements.
- Small food pantry, free shower, and self-serve washer and dryer.
- Accepts clothing, shoe and food donations during business hours.

#### **HOPE Pregnancy Center**

918-825-8258

2292 N Highway 69 Pryor OK 74361

https://maybepregnant.org/

- Free pregnancy test, ultrasound confirmation, and answers to your questions about abortion, parenting, and adoption. Trained staff ready to provide confidential help.
- No-cost services include: Abortion information Adoption Agency Referrals Adoption Information Maternity & Infant Supplies Medical Referrals Parenting Education Post Abortion Support Pregnancy Options Information Pregnancy Test STD/STI Information Support for Men Ultrasound (onsite)

#### **Mayes County DROP**

918-825-4115

#### (Drug Reduction Outreach Project)

https://www.facebook.com/MayesCountyDROP/

Email: mayescountydrop@gmail.com

- Community Coalition dedicated to the reduction of substance abuse and drug related deaths in Mayes County
- Meets at the Pryor Police Conference Room 12pm the fourth Thursday of each month.
- Join us interested community members, volunteers, and donations welcome

# Northeast Workforce Development Board 918-825-2582 (OKWORKS)

403 E Graham Ave Pryor OK 74361

http://northeastworkforceboard.com/

#### **Cumberland Heights**

866-930-2485

www.cumberlandheights.org

8283 River Road Pike Nashville TN 37209

 Detoxification - Inpatient Care - Extended Care - 12 Step Immersion - Family Care Evidenced-Based Practice -Experiential Therapies - Safe Start Program - Telehealth Services - Serves ages 14+

#### The Manna Center

479-524-9825

670 Heritage Court Siloam Springs AR 72761

https://themannacenter.org/

- Assists clients within a 15-mile radius of the center, which includes Southwestern Benton County and portions of Delaware and Adair Counties in Oklahoma.
- Basic needs such as food and clothing and other assistance.

#### **Saving Grace Women's Home**

866-648-8650

https://savinggracewh.com/

12 month inpatient recovery center that helps women who are struggling with addiction and other life-controlling issues

#### **Shoreline Treatment Center**

361-528-3356

1220 Gregory Street Taft Texas 78390

https://www.shorelinetreatmentcenter.com/

Treatment for adolescents

#### **Shriners Children's Hospital**

318-674-4122

3100 Sanford Ave LA 71103

www.shrinerschildrens.org

 Hospitals for Children, a pediatric healthcare system providing care for a range of orthopedic issues, burn injuries, craniofacial conditions, spine care and spinal cord injuries, colorectal and **Souls Harbor** 

417-623-7927

817 S Main Street Joplin MO 64801

https://www.facebook.com/soulsharborjoplin/

 Christ-centered human services and homeless shelter - pantry clothing

#### **Watered Gardens**

417-623-6030

531 S Kentucky Joplin MO 64801

https://wateredgardens.org/services

Outreach center and overnight shelter - Shelter for women and their children - Men's character development living center

#### **OUT OF STATE RESOURCES**

#### **Ambrosia Treatment Center**

888-492-1633

546 NW University Blvd #103 Port St. Lucie FL 34986

#### www.ambrosiatc.com

- Drug Addiction Alcoholism Mental Health Dual Diagnosis
- Ages 18+ Accepts Major Insurances

# Love is respect

1-866-331-9474

PO Box 90249 Austin TX 78709

https://www.loveisrespect.org/

 A project of the National Domestic Violence Hotline, love is respect offers 24/7 information, support, and advocacy to young people between the ages of 13 and 26 who have questions or concerns about their romantic relationships. We also provide support to concerned friends and family members, teachers, counselors, and other service providers through the same free and confidential services via phone, text, and live chat.

- Comprehensive Employment Solutions supports job seekers with job placement, skills assessments.
- Eligible job seekers may receive scholarships to help with the cost of tuition for short-term training resulting in degrees and certifications in demand occupations. extensive menu of services to employers including recruitment services and resources.
- Through our American Job Centers, we also offer an extensive menu of services to employers including recruitment services and resources.
- The Workforce Innovation and Opportunity Act (WIOA), through state and local Workforce Development Boards, provides access to education and workforce services for eligible veterans and individuals with significant barriers to employment—individuals with disabilities, out-of-school and at-risk youth, and other populations.

#### **Pryor Public Library**

918-825-0777

https://www.pryor.okpls.org/

Email Contact: admin@pryorlibrary.org 505 E Graham Avenue Pryor OK 74361

 Colorful events for all ages, including Storytime and activities for teens and adults. Enjoy free Wi-Fi, access internet computers with Word, Excel, PowerPoint and Publisher.

#### **Reincarnation Cottages**

888-233-4280

16 S Vann Street Pryor OK 74361

Reincarnation Cottages - Addiction Recovery Center, Rehab, Recovery

 Reincarnation Cottages is a self-supporting, not for profit organization dedicated to providing adults in the active stage of addiction the opportunity to learn and live a life of recovery, based on Spiritual Values, the "Twelve Steps" of Alcoholics / Narcotics Anonymous. While implementing an organized life to create new healthy habits.

**SafeNet** 918-825-0190

118 N Adair Pryor OK 74361 Crisis: 918-341-9400

https://www.safenetservices.org/

Domestic Violence Shelter - Case Management - Crisis Line Counseling - Protective Order Office - Court Advocacy Program Sexual Assault Advocacy Program - Supervised Visitation Program Batterers Intervention Program

The Storehouse

918-825-3045

1700 N HWY 69 Pryor OK 74361

https://www.thestorehousepryor.com/

- Food Pantry Only an ID required to receive food No one refused food.
- Hours: Tuesday & Thursday 10am to 2pm Third Wednesday
   6pm to 8pm

Your Place Church 918-824-1240

www.ypresourcecenter.com

3131 W 520 Pryor OK 74361

- Empowering individuals by providing connection to vital community resources that will positively impact their lives in a sustainable way.
- PROJECT 360 focuses on the 8 Dimensions of Wellness.
   Includes:
  - Assessment Life Coaching Education Eliminating Barriers Referrals
- LEGACY 360 a transformative journey designed to empower young adults by enveloping them in a comprehensive support system across multiple dimensions of wellness. By addressing essential aspects like affordable housing, transportation,

**New Beginnings Sanctuary** 

417-234-1647

PO Box 14431 Springfield MO 65814

https://www.nbsanctuary.org/

- Sober living Men and Women's Homes
- Locations in Kansas City Joplin Branson Springfield

**Oxford House** 

417-623-4347

Missouri

https://www.oxfordhouse.org/directory\_listing.php

• Self-run, self-supported recovery houses

**Ozark Center (Freeman Health System)** 

417-347-1111

1102 W 32nd St Joplin MO 64804

https://www.freemanhealth.com/ozark-center-services

 Provides comprehensive behavioral services, including mental health services like counseling, therapy, addiction treatment, and children's services

The ROCC 417-553-0412

(Recovery Outreach Community Center)

1402 S Main Street Joplin MO 64801

https://roccjoplin.com/

 Peers empowering peers - Groups - Classes - Prosocial activities -Community Support

#### Society of St. Vincent de Paul

417-623-1085

512 E 32nd Street Suite 108 Joplin MO 64801

https://www.svdpjomo.org/about

Rent or utility assistance - other assistance

#### **Valley Hope Addiction**

918-225-1736

#### **Treatment and Recovery**

2816 NW 58th Street #103 Oklahoma City OK 73112

https://valleyhope.org/locations/oklahoma/oklahoma-city-treatment-center/

• Intensive Outpatient - Continuing Care - Virtual Family Care

#### SOUTHWEST MISSOURI RESOURCES

#### **Carthage Crisis Center**

417-358-3533

100 S Main Street Carthage OK 64836

https://carthagecrisiscenter.org/

https://www.facebook.com/carthagecrisiscenter/

Homeless mission for men, women and children.

#### **God's Resort**

417-553-4080

1501 S Pearl Avenue Joplin MO 64804

http://www.godsresortjoplin.org/

Christ-centered transitional living community

#### The H.O.U.S.E., Inc.

417-623-1172

(Housing, Opportunity, Unity, Service, Education) 710 Cardinal Drive Webb City MO 64870

http://house-inc.org/

Recovery-supported housing

#### **Mission Joplin Food Pantry**

417-623-0980

2822 E 8th Street Joplin MO 64801

https://www.forestpark.church/mission-joplin

- Food clothes hygiene kits financial assistance household items - furniture
- Open Tuesday & Thursday 10am to 2pm

workforce, and leadership development, while nurturing emotional, spiritual, intellectual, physical, environmental, social, financial, and occupational wellness, this program doesn't just provide support – it creates a blueprint for life-altering transformations.

 RECOVERY 360 - a 12-step peer-based and a mutual help program for addictive and dysfunctional behaviors. Steps are guiding principles outlining how to overcome addiction, avoid triggers and live a healthy, productive life of freedom. Meets every Monday night 6:30-8:00pm.

#### **Thunderbird Youth Academy**

918-842-4850

824 Park St Pryor OK 74361

https://thunderbird.org

- Thunderbird Challenge Program is a residential military academy for males and females ages 15.5 to 18 years. Program is one of the original National Guard Youth Challenge Programs and is the only miliary academy in the State.
- An Elite Leadership Program for students of all kinds who live in the State of Oklahoma
- Offers Education including GED, High School Credits, Credit Recovery, College Classes and Vo-Tech as well as Community Service.

#### **OTTAWA COUNTY**

#### **AFTON**

Community Health Center of Northeast Oklahoma Inc (CHCNEO)

918-257-8029

21965 Bison Drive Afton OK 74331

https://www.chcneo.com/

- Primary Health Care Geriatric/Medicare Wellness Mental Health Counseling
- Accepts Most Insurance
- Available Sliding Scale Fees (based on income)
- Sooner Care or Healthcare.gov Insurance Enrollment Assistance

#### **COMMERCE**

**Community Health Center** 918-675-0017 (Community Health Center of Northeast Oklahoma)

220 S Mickey Mantle BLVD Commerce OK 74339

https://www.chcneo.com/

- Primary Health Care Geriatric/Medicare Wellness Mental Health Counseling
- Accepts Most Insurance
- Available Sliding Scale Fees (based on income)
- Sooner Care or Healthcare.gov Insurance Enrollment Assistance

#### **Bedtime Blessings**

https://www.facebook.com/groups/bedtimeblessings/

- A local 501c3 in Ottawa County providing beds to children who don't have a bed. Supports youth in Ottawa County and the surrounding areas without regard to income.
- Our mission is to ensure a safe sleeping space to every youth, enabling them to get proper rest and flourish by providing beds, bedding and comfort items.
- Goal is to make children feel valued and respected.
- To learn more email us at BedtimeBlessingsFoundation@gmail.com.
- Donations always appreciated. Would love to talk about how you can become involved in helping a child!

involved in the criminal justice system.

- Services include: residential substance use treatment for women, individual, group, & family counseling, case management, peer support services, relapse prevention, trauma recovery/ treatment, parenting education, HIV education, and more.
- Priority given to pregnant women who are IV users, pregnant women who use substances, and women who are IV users.

SoonerCare

800-987-7767

https://oklahoma.gov/ohca/individuals/mysoonercare.html okhca.org

#### **Sooner SUCCESS**

918-712-0340

www.soonersuccess.ouhsc.edu

 Sooner Success is a free program through the University of Oklahoma Health Sciences Center Pediatrics Department. County Coordinators assists families, with children with special needs from birth to age 21, navigate the healthcare systems and locate resources. Sooner Success also hosts "On the Road" events for the community learn more about state services, and Sibshops for siblings of children with special needs.

#### **SoonerRide Transportation**

1-877-404-4500

https://oklahoma.gov/ohca/individuals/soonerride.html

# Supplemental Nutrition Assistance Program (SNAP)

1-866-411-7285

http://www.okdhslive.org/

Teenline

800-522-8336

www.teenline.org

 Teen Line's highly trained teen listeners provide support, resources and hope to any teen who is struggling. consists of specially trained pharmacists and nurses providing poison management advice to residents and health care professionals. 95% of poisoning cases may be safely managed at home, and may not require an expensive emergency room visit.

Oklahoma Substance	Abuse	Hotline
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866-531-7211

https://oklahomasubstanceabusehotline.org/

#### **Parents of Addicted Loved Ones**

480-300-4712

https://palgroup.org/

#### **Sallisaw NOW Coalition Support group**

623-213-4611

https://meetings.palgroup.org/meetings/9367

101 N Wheeler Avenue Sallisaw OK 74955

#### **Reachout Hotline**

800-522-9054

#### (Mental Health/Substance Use)

https://www.occhd.org/about/emergency-contact

#### **Red River Youth Academy**

405-701-8530

3400 Deskin Drive Norman OK 73069

https://redriverya.com/admissions/

 Treatment for behavioral and emotional disorders - Serving boys ages 8-17 and girls ages 12-17

## **Red Rock Jordan's Crossing**

405-635-3800

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Red Rock BHS Main Office 4400 N Lincoln Blvd Oklahoma City OK 73105

https://www.red-rock.com/substance-use-services/

 Residential substance use treatment program for pregnant women, women with dependent children, and women who are

#### **CAMP (County Anti-drug & Misuse Project)**

918-533-6622

https://www.facebook.com/rocmndottawaco

Email: deidreosburn@rocmnd.org

- Goal to lower underage marijuana misuse in Ottawa County
- Meets third Tuesday of each month 11am at the Ottawa
   County Courthouse Annex open meetings everyone welcome.

#### **CREOKS Behavioral Health**

918-542-6412

203 2nd Ave SW Miami OK 74354

https://www.creoks.org/about.html

Outpatient Behavioral Health Services - in-home - school -based
 - Brief counseling - Substance Abuse Treatment - Behavioral

#### **DOCS Services Inc**

issues.

918-542-6671

205 B Street NE Miami OK 74354

https://www.docservices.org/

- Senior Program providing meals at the Grove Senior Center -
- Meals on Wheels Advantage Frozen Meals.

# **Community Crisis Center**

918-540-2275

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#### of Northeast Oklahoma

118 A Street SE Miami OK 74354

#### getmeout.org

- Shelter Advocacy Crisis Response Counseling Legal Assistance - Protection Order Status - VINE (Victim Information Notification Everywhere) - Address Confidentiality Program -Housing - Court Accompaniment
- Serves Delaware, Ottawa and Craig Counties.

#### **Grand Mental Health**

918-540-1511

111 S Treaty Road Miami OK 74354

https://www.grandmh.com/

- Behavioral health and crisis services for all ages.
- 24/7 Crisis Line 1-800-722-3611

# The Healing House-Modoc Youth & Family Services

918-387-8720

21 N Eight Tribes Trail Miami OK 74354 modochealinghouse.com

 Individual, family, and group therapy - trauma-informed - EMDR -TF-CBT - Trauma-Focused Equine-Assisted Mental Health - Play Therapy - Applied Behavioral Analysis - Training Opportunities -Parent Training Opportunities

#### **Horses of Hope Oklahoma**

918-873-0437

56706 E 150 Road Fairland OK 74343

https://modocnation.com/

Equine-Assisted Mental Health - Closed Fridays

#### **Integris Health Miami Hospital**

918-542-6611

200 Second Avenue SW Miami OK 74354

<u>INTEGRIS Hospital in Miami, Oklahoma | INTEGRIS Health (integrisok.com)</u>

#### Inter-Tribal Council Inc

918-542-3443

114S Eight Tribes Trail Miami OK 74354

 Federal program providing commodity foods to low-income households in approved areas. Eligible households must have at least one person who is a member of a federally recognized tribe. Eligible households are certified based upon income and resource standards set by the federal government.

#### **Oklahoma Association on Problem**

405-801-3329

#### **Gambling & Gaming**

501 E Alameda Street Suite E Norman OK 73071

https://www.oapgg.org/

#### **1-800-GAMBLER**

Help for problem gambling and gaming.

- Self-Exclusion Casinos across the state participate in our statewide self-exclusion program.
- Problem Gambling and Gaming Do you or someone you know have a gambling or gaming problem? Help is available.
- Counselors Find resources on problem gaming and gaming, and become a certified counselor.

#### **Oklahoma Department of Human Services**

405-522-5050

2400 N Lincoln Boulevard Oklahoma City OK 73105

https://oklahoma.gov/okdhs.html

#### **Oklahoma Family Network**

877-871-5072

800 NE 15th Street Suite 316 OKC OK 73104

http://oklahomafamilynetwork.org/

- Focuses on supporting families of children and youth with special needs via emotional support, resource navigation, and ensuring quality healthcare for all children and families through strong and effective family/professional partnerships.
- Identified specialists for Families Fighting Cancer, Bereavement, Latino Family Supports, and Kids Fighting Life Threatening Illness.

#### Oklahoma Poison Center

1-800-222-1222

940 NE 13th St, Oklahoma City OK 73104

https://oklahomapoison.org/

- Treatment
- Education
- Prevention
- (OCPDI) operates 24 hours a day, 365 days per year. Staff

Communities by connecting knowledge, experience, resources, agencies, and individuals.

 Meets via Zoom the third Wednesday each month. Everyone welcome, networking, volunteers, and donations appreciated.

#### **Native Alliance Against Violence**

405-801-2277

PO Box 5507 Norman OK 73070 https://oknaav.org/

#### **OK I'm Ready**

https://okimready.org/

• No cost Narcan and Fentanyl Test Strips—order on line.

**Oklahoma 211** 211

http://www.navigateresources.net/hlok/

A 24/7 free service operated by the Tulsa Area United Way.
 Through phone, live chat, text message or online search,
 certified resource specialists connect individuals with resources in their area.

**Oklahoma Alliance for Recovery Residences** 405-856-4803 1923 N Classen Blvd Oklahoma City OK 73106

- https://okarr.org/
- Oklahoma Alliance for Recovery Resources (OKARR) the Oklahoma state affiliate of the National Alliance for Recovery Residences (NARR).
- Assistance finding a Recovery Home Support your recovery by choosing a living environment that uses national best practices.
- **Submit a Grievance** Please let us know if you have a complaint or concern with a recovery residence in Oklahoma.

Areas served include a portion of Ottawa, including the city limits of Miami east of the Neosho River and a portion of Delaware county in Oklahoma, Cherokee and Labette Counties in Kansas, and Newton, Barton, Jasper and McDonald counties in Missouri.

#### **Miami Public Library**

918-541-2292

https://miamipl.okpls.org/

Email: LibraryStaff@miamiokla.net

200 North Main Street Miami OK 74354

 Programs for all ages, including story time and activities for teens and adults. Enjoy free Wi-Fi, access internet computer with Word, Excel, PowerPoint and Publisher.

#### **Mobile Food Pantry-Catholic Charities**

918-786-9312

**Location:** Sacred Heart Catholic Church 2515 N Main St Miami OK 74354

https://sacredheartmiami.org/

• 1st Friday of the month - 10 to noon

#### Modoc Nation

918-542-1190

22 N Eight Tribes Trail Miami OK 74354

https://modocnation.com/

 Suicide Prevention - The Healing House Youth & Family Services -Lost River Treatment Center - Child & Family Services - Housing Authority - Education

# Northeastern Oklahoma Council on Alcoholism (NOCA)

918-542-2845

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130 Steve Owens Blvd Miami OK 74354

nocacares.org

#### Northeastern Tribal Health Center (NTHS)

918-542-1655

7600 S Hwy 69A Miami OK 74354

#### nthsclinic.com

- Services Include: Behavioral Health Dental Services Diabetes
   Wellness Laboratory Medical & Nursing Optometry Pharmacy Public Health Nursing Radiologic Imaging Rehabilitative Services.
- Governing Board comprised of appointed representatives from each of the eight tribes; Cherokee, Miami, Modoc, Ottawa, Peoria, Quapaw, Shawnee and Seneca-Cayuga.
- Must be a member of a federally recognized Tribe to receive services.

#### **Northeast Workforce Development Board**

918-542-5561

2114 Denver Harner Drive Miami OK 74354

#### northeastworkforceboard.com

- Career Exploration Information and Activities Job Readiness Workshops - Pre-Employment Assessments - Referrals, Networking and Support - Resume Assistance - Skills Upgrade Training - Youth Services
- Other Office Resources: copiers, fax machines, high-speed internet access, phones
- Serves Craig, Delaware, Mayes, Nowata, Ottawa, Rogers and Washington Counties

#### **Ottawa County DHS**

918-541-2400

2114 Denver Harner Dr Miami OK 74354

#### https://oklahoma.gov/okdhs.html

 Wide range of assistance programs including food benefits (SNAP) - temporary cash assistance (TANF) - services for persons with developmental disabilities and persons who are aging; adult protective services - child welfare programs - child support Finding Hope (A Hope is Alive Ministry)

918-607-3458

https://hopeisalive.net/hopeafterloss/

316-708-4471

https://hopeisalive.net/finding-hope/

 Finding Hope is a support group for loved ones of addicts. In person and online meetings.

#### **Hope is Alive**

1-844-3-HOPE-NOW

14400 Bogert Parkway Suite 200 Oklahoma City OK 73134 info@hopeisalive.net

https://hopeisalive.net/

 Year long sober living program. 25 sober living homes across the country. "To radically change the lives of drug addicts, alcoholics, and those that love them."

#### Hope is Oxygen

https://hopeisoxygen.org/

918-691-0456

• Suicide Prevention by restoring hope.

**LIHEAP** 405-522-5050

(Low Income Home Energy Assistance Program)

https://www.okdhslive.org/

#### **Multicounty Coalition**

918-606-4299

https://www.facebook.com/MultiCoCoalitionshananok@sbcglobal.net

- Community Coalition representing all 77 counties of Oklahoma
- Seeking to create healthier, more active, and stronger communities by connecting knowledge, experience, resources, agencies, and individuals.
- Open meetings held the third Wednesday of each month from 11:30 to 1pm via zoom.
- Seeking to create healthier, more active, and stronger

#### **Community Crisis Center Hotline**

1-800-400-0883

https://getmeout.org/

 Domestic Violence - Emergency Shelter - Human Trafficking -Victim Services

#### **Country Road-Drug & Alcohol Addiction**

405-253-2020

#### Treatment in Oklahoma

24962 Okay Road Tecumseh OK 74873

https://www.countryroadrc.com/

Oklahoma City Drug and Alcohol Addiction Treatment Center Men & Women - Trauma-Informed, Dual Diagnosis Approach Residential Treatment - Partial Hospitalization - Intensive
 Outpatient - Outpatient - Trauma Care - Family Education Experiential Activities - Veterans Program - Workforce Reentry

- Accepts most major insurances, including Veteran Benefits

# **Developmental Disabilities**

405-521-4984

#### **Council of Oklahoma**

https://okddc.ok.gov/

#### **Eagle Ops Foundation**

918-600-1911

302 E 5th Ave Unit D Owasso OK 74055

https://eagleops.org/

- A 501(c)3 organization committed to providing opportunities for veterans, veteran families and patriots to build relationships through social activities, fitness and volunteerism.
- Our mission is to create meaningful relationships that not only enrich lives but also provide essential support for a healthy transition home. Through these connections, Eagle OPS links veterans to valuable resources, encouraging a smoother journey towards a fulfilling post-service life.

services; and child care assistance, licensing and monitoring

 Handles applications/eligibility for Sooner Care, Medicaid program offering heath care to families with low incomes.

#### **Partnership for Ottawa County Inc**

https://www.facebook.com/okPOCI

Email: okpoci@gmail.com

- POCI is a community coalition gathering partners to share information and resources to improve lives in Ottawa County.
- Meetings take place monthly the third Thursday 12pm at the Northeast Tribal Health Center Education Room.
- Open Meetings all interested community members, volunteers, donations welcome.

**Peoria Tribe** 918-540-2535

118 S Eight Tribes Trail Miami OK 74354

https://peoriatribe.com/

 Peer Recovery Support - Elder Care Disability and Reimbursement Program - Child Abuse Prevention - Housing Authority - Child Care Development - School Supplies Reimbursement - Burial Assistance - Tribal Tags

#### **Quapaw Counseling Services**

918-542-1786

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58150 E 66 Rd Miami OK 74354

https://www.quapawtribe.com/157/Quapaw-Counseling-Services-QCS

 Medication Assisted Treatment (MAT) Services - Dispensing -Outpatient Substance Abuse Services - Drug & Alcohol Assessments - UAs

#### **Quapaw Nation Family Services**

918-238-3152

58150 E 66 Road Miami OK 74354

#### quapawtribe.com/140/Domestic-Violence

 Medication Assisted Treatment (MAT) Services - Dispensing -Outpatient Substance Abuse Services - Drug & Alcohol Assessments - UAs

#### **ROCMND Youth Services Inc**

918-540-1563

30 C NE Miami OK 74354

#### rocmnd.org

 Counseling agency for youth of Delaware County. Offering free services for children, teens, and their families in the form of counseling (individual and family), educational groups, parenting classes, prevention services.

#### **Salvation Army**

918-542-3467

217 3rd Avenue SW Miami OK 74354

 Offers human services through its programs, including disaster relief and public emergency services, while taking an evangelical approach.

#### **Social Security Administration**

888-878-0013

2108 Denver Harnar Drive Miami OK 74354

800-772-1213

https://www.ssa.gov/

# **Substance-A Ministry**

918-542-3547

#### of New Life Nazarene Church

2025 E Central Avenue Miami OK 74354

facebook.com/SubstanceMinistry/

- Hot Meal Showers Laundry.
- Wednesdays 3 to 6pm.

#### **American Red Cross-Tulsa Area Chapter**

918-831-1100

https://www.redcross.org/local/oklahoma/about-us/locations/ Northeast-Oklahoma.html?CID=organic bing listings

 Domestic Violence - Emergency Shelter - Human Trafficking - Victim Services

#### Branch 15

Central Oklahoma 405-896-0033

PO Box 1817 Bethany OK 73008

Eastern Oklahoma 918-928-6577

PO Box 432 Owasso OK 74055

Western Oklahoma 405-633-1543

PO Box 1404 Clinton OK 73601

#### https://www.branch15.org/

- Restorative Community Living for Women "Branch15 serves women who coming out of difficult life situations such as chemical dependency, justice involvement, human trafficking and domestic violence. GenHope mother/child, program in Central Oklahoma
- Currently operate five homes serving 41 women and 21 children

#### **Child Abuse Reporting**

1-800-522-3511

https://oklahoma.gov/okdhs/services/child-welfare-services.html

#### **Cedar Ridge Behavioral Hospital**

405-605-6111

6501 NE 50th Street Oklahoma City OK 73141 7600 NW 23rd Street Bethany OK 73008

#### https://cedarridgebhs.com/

 Acute Inpatient Stabilization for Children, Adolescents, and Adults - Residential Treatment for Children & Adolescents -Outpatient Treatment for Adults & Older Adults - Partial Hospitalization Program (PHP) - Telehealth - Military Families Support Services

#### **Tristesse Grief Center**

918-587-1200

2502 E 71st St Tulsa OK 74136

https://www.thegriefcenter.org

 Non-profit organization providing long-term grief counseling to assist with bereavement

#### **WAGONER**

**WRAP Project** 

918-201-4333

215 NE 1st Wagoner OK 74468

#### www.wrapproject.org

- Improving Oklahoma through a comprehensive process of revitalization that seeks to protect, enhance, and promote rural living, social welfare, cultural outreach, and community heritage opportunities.
- Services offered: Recovery Classes Court Advocacy Employment Resources Drug Testing Housing Resources Life

   Skills Classes AA Meetings GED Testing Domestic Violence
   Resources Resume Building

#### **OTHER OKLAHOMA RESOURCES**

#### 211 Oklahoma (Helpline)

211

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 Get help with food, rent, utilities and more: Text 2110K to 898211

#### **Adult Abuse Reporting**

1-800-522-3511

http://www.okhotline.org/

Alliance Mental Health Providers of Oklahoma

405-352-0565

4400 N Lincoln Boulevard Oklahoma City OK 73105

https://allianceok.com/links/

Advocating for better mental health and substance abuse treatment in OK

#### **Turning Point Sober Living**

918-919-3077

2128 B St NW Miami OK

https://tpslmiamiok.com/

- Program for those transitioning from inpatient recovery or incarceration.
- Potential clients must have been sober for at least 30 days. Residents required to utilize the mental health resources in our area, attend AA, NA, or Celebrate Recovery, secure employment, pass random drug tests, and volunteer for community service.

**United Way** 

918-542-8677

205 N Main Street Miami OK 74354

unitedwayottawaok.org

Willow Crest Hospital/Moccasin Bend Ranch

918-542-1836

130 A Street SW Miami OK 74354

https://www.willowcresthospital.com/

 Inpatient psychiatric hospital for children and youth. Medicaid and insurance accepted.

#### **WYANDOTTE**

#### **Eastern Shawnee Tribe of Oklahoma**

918-238-5151

10200 S 695 Road Wyandotte OK 74370

https://estoo-nsn.gov/

 Counseling services open to anyone, Tribal & Non-tribal - Child and Family Services - Wellness Center

#### **Haven Program**

918-554-2836

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Wyandotte OK 918-55-HAVEN

https://havenprogram.com/

Email: havenprogram@estoo.net

- A tribal advocacy program dedicated to providing a safe, judgement-free, space for survivors to seek services and resources they need. Advocates have over a decade of experience working with domestic violence, sexual assault, stalking, and human trafficking survivors in our local community.
- Currently provides advocacy and services to all Eastern Shawnee and Eastern Shawnee employees, regardless of where they live, as well as non-members within the tribe's service area of Ottawa County Oklahoma, and the cities of Vinita, Grove, Jay Oklahoma, and Seneca MO.

# **Lost River Treatment Center-Modoc Nation**

918-303-5433

10025 S 705 Road Wyandotte OK 74370

https://modoclrtc.com/

- Outpatient rural-based organization operated by the Modoc Nation to address the opioid epidemic and substance abuse present in Oklahoma, Missouri, Arkansas, and Kansas
- Tribal and non-tribal consumers Counseling & Support Services
   Trauma-Informed Care Medication Assisted Treatment Dialectical Behavioral Therapy (DBT)

# Wyandotte Nation Family Services

918-678-2297

# **Family Violence Prevention Program**

8 Turtle Drive Wyandotte OK 74370

wyandotte-nation.org/services/familyservices

## **ROGERS COUNTY**

#### **CLAREMORE**

Claremore Veterans Affairs Clinic

888-397-8387

https://www.va.gov/eastern-oklahoma-health-care/

3000 Medical Parkway Claremore OK

#### **Special Education Resolution Center**

918-270-1849

9726 E 42nd St Ste 203 Tulsa OK 74146

#### https://okserc.org

- IEP Facilitation if the situation qualifies and all parties consent, a highly trained facilitator can attend Individualized Education Program (IEP) meeting to help guide discussion in a structured setting.
- Mediation an agreement reaching process in which SERC
- provides a highly trained mediator to assist all consenting parties in resolving their dispute in a collaborative and informed manner.
- Due Process a court-like review process governed by administrative laws. SERC will provide a highly trained officer who will provide over the hearing and whose decision have the effect of law and are binding upon all parties participating in the hearing.

#### **Soaring on Hope**

918-984-9153

4908 S Sheridan Tulsa OK 74145

#### www.sohtulsa.com

• Autism Treatment Provider - day programs available

#### The Spring

918-245-4075

PO Box 1588 Sand Springs OK 74063

#### https://thespringok.org/

- The Spring provides shelter and services to those who have experienced domestic violence, sexual violence, and human trafficking and are searching for safety, advocacy, and restoration.
- Emergency Shelter Victim Services Hotline Safety Plan

embrace lasting lifestyle changes, and move through the 8 Dimensions of Wellness with clarity and care."

- CPR & First Aid: "Certified by the American Red Cross, offers CPR and First Aid training for individuals, groups, and businesses seeking trusted certification."
- Parenting Education: "Guiding parents at every stage with tools to build strong family bonds, improve communication, and confidently meet the challenges of raising children."
- Serving Tulsa and surrounding areas. Willing to travel to meet you.

#### **Ronald McDonald House**

918-496-2727

6102 S Hudson Ave Tulsa OK 74136

- Families of 4 or less are eligible to stay
- Must live at least 10 miles away, and have a child (21 years or younger) receiving inpatient medial care at a Tulsa Hospital
- Referral must be made by a hospital Social Worker or Nurse

#### **Stand in the Gap Ministries**

918-585-6112

3939 S Harvard Ave Ste 120 Tulsa OK 74135

#### www.standinthegap.org/

- Life Launch invest in the lives of at-risk young adults (ages 16 to 24). May be ageing out of foster care or coming from some other difficult situation. Staff and volunteers support youth "wherever they are" and encourage them on their journey to independence and self-sufficiently.
- Women in Transition—Three step program for incarcerated women.

#### **Compassion Women's Center**

918-923-2085

1820 N Sioux Ave Claremore Ok

https://www.cwcrogerscounty.org/

Email: info@cwcrogerscounty.org

 Services Include: Free Pregnancy Verification - Pregnancy & Parenting Classes - Post Abortion Support - Knowing Your Options - Miscarriage & Infant Loss - Fatherhood Support

#### Foundations Behavioral Health

918-283-4388

1220 N Florence Ave Ste C Claremore OK 74017

foundationsbehavioralhealth.org

- Counseling Teletherapy Reiki
- Protecting Our Futures Grant Focuses on Cherokee/Native
   Youth adversely affected by the drug crisis. Aims to increase protective factors to ensure a stable network to mitigate effects of trauma.

#### **Light of Hope**

918-373-4560

403 West 1st Street Claremore OK 74017

https://www.lightofhopeinc.org/

- Education: Nonprofit assisting individuals and families facing the struggle of substance misuse.
- Recovery: Individuals & families are provided opportunities of support through LOH support groups, classes, workplace readiness, helpful resources, and encouragement for the future.
- Prevention: School & Community Drug Education Program, focuses on educating our children & communities.

# Northeast Workforce Development Board (OKWORKS)

918-283-8361

2020 Holly Rd Claremore OK 74017

http://northeastworkforceboard.com/

- Comprehensive Employment Solutions supports job seekers with placement & skills assessments.
- Eligible participants may receive scholarships for short-term training resulting in degrees and certifications in high demand occupations. Extensive menu of services for employers including recruitment services.
- Workforce Innovation and Opportunity Act (WIOA), provides access to education and workforce services for eligible veterans and individuals with significant barriers to employment individuals with disabilities, out-of-school and at-risk youth, and other populations.

#### **Will Rogers Library**

918-341-1564

1515 N Florence Ave Claremore OK 74017

https://claremore.com/library/about-us/

- Over 120,000 items for enjoyment and information: Books, Audio books, DVDs, Magazines, Digital & Streaming Resources, and more!
- Library of Things: Baking Items, Games, Wi-Fi Hotspots available for checkout
- Mobile WiFi Hotspots for checkout.
- Online resources available including:

Hoopla streaming movies and television, E-books, and music Overdrive E-books and E-audiobooks for all ages

Tulsa World on Newsbank

Chilton's Automotive Resource for auto repair

Ancestry and Heritage Quest for genealogy research

#### Parkside Psychiatric Hospital & Clinic

918-588-8888

1239 S Trenton Ave Tulsa OK

https://parksideinc.org

 A non profit comprehensive inpatient treatment programs designed to stabilize and treat individuals experiencing a mental health crisis.

#### For Children and Adolescents:

- Ages 5-10: Specialized care with a focus on stabilizing young children in crisis.
- Ages 11-12 ("Tweens"): Tailored treatment for pre-teens facing mental health challenges.
- Ages 13-17: Inpatient units for teenagers dealing with issues like depression, mood disorders, and behavioral problems.

#### **For Young Adults:**

**Momentum Young Adult Program:** Voluntary admissions, **ages 18-26**, focusing on safety, stabilization, and developing coping skills.

- Treatment Services Include: Diagnostic Evaluation Medical Detox - Individual Therapies - Group & Family Therapies - Dual Diagnosis Care - Case Management & Discharge Planning
- Accepts most Medicare, Medicaid and Most major insurances.

#### **Red Nose Wellness**

918-933-0905

https://rednosewellness.com/

Email - Rednosewellness@outlook.com

- Anger Management: "Learn to identify triggers, communicate clearly, and uncover the roots of anger through practical tools and strategies."
- Stress Management: "Discover simple, grounding strategies to help calm your mind, ease tension, and reclaim your sense of balance even in the thick of life's storms."
- Health & Wellness: "Explore the root causes of imbalance,

#### **Operation Hope Prison Ministry**

918-599-0663

739 N Denver Ave Ste A Tulsa OK 74106

#### https://ohpm.org

- Assist incarcerated men and women as they are released to navigate the obstacles to meet basic needs like housing, employment and community
- Pre-release program includes: work readiness, State ID, Children's Play Days with incarcerated mom's & grandmothers, Angle Tree for children of incarcerated parents, Bedtime Stories read by incarcerated dads and grandfathers.

#### **OSU Medical Center**

918-599-1000

744 W 9th Street Tulsa OK 74127

https://osumc.com/

#### Parent Child Assistance Program (PCAP)

405-876-2095

https://www.ou.edu/pcap Email: PCAP@ou.edu

- Extensively trained and highly supervised case managers work directly with women over a period of three years to help them through SUD treatment and recovery, connecting them to community resources to enable them to keep their children safely in their custody, avoid criminal justice involvement, and ensure that any future children are not exposed to substances.
- Case managers to provide home visits, motivational interviewing, and assistance with goal setting related to obtaining alcohol/drug treatment; staying in recovery; choosing a family planning method; staying up to date with child health care; addressing housing, domestic violence, and child custody problems; and resolving system service barriers.

- Pronunciator for language learning at your own pace
- Genealogy assistance provided by genealogy volunteers each Monday from 4 - 7 p.m.
- Summer Reading Programs for kids & teens; Adult Winter Reading Program each January.
- Multi-Purpose Meeting Room for organizational use.
- Transport program via Pelivan transportation for elderly and disabled patrons who are unable to drive to and from the library.

SafeNet 918-341-1424

1219 W Dupont Claremore OK 74017

Crisis: 918-341-9400 https://www.safenetservices.org/

Domestic Violence Shelter - Case Management - Crisis Line -Counseling - Protective Order Office - Court Advocacy Program -Sexual Assault Advocacy Program - Supervised Visitation Program - Batterers Intervention Program

#### **TULSA COUNTY**

#### **TULSA**

#### **Arthritis Foundation**

918-495-3553

7170 S Braden Ave Ste 170 Tulsa OK 74136 https://www.artritis.org/

Services prevent, control and cure arthritis and related disease through exercise, aquatic program and a variety of self-help techniques

#### Alzheimer's Association

918-481-7741

2448 E 81st St Ste 300 Tulsa OK 74137

https://www.alz.org/

Provides a variety of free services to individuals and families with Dementia and Alzheimer

 Insights and Current Progress, Handling of Patients, Support and Counseling Services

**A New Leaf** 918-451-1491

2306 South 1st Place Broken Arrow OK 74012

https://www.anewleaf.org/

 Residential programs - Vocational programs - Behavior Support programs - Empowering people with developmental disabilities and autism for a brighter future.

#### **Birthright Living Legacy**

918-922-9445

3939 S Harvard Ave Suite 235 Tulsa OK 74135

https://brlivinglegacy.com/

- Courageous Program: 10-session program for fathers who want to develop the necessary skills to build and sustain relationships with their children.
- Father and Me Legacy Series: Build your legacy with your children. Interactive time for fathers and children with breakout sessions to engage in objective thinking, and allow children to express through creativity. Learn how to connect with your children on their level and talk through best practices with other fathers.

# **Center for Employment Opportunities (CEO)** 918-894-6561

803 S Peoria Ave Tulsa OK 74120

• Comprehensive employment services to men and women with recent criminal convictions.

#### **Camp Loughridge**

918-446-4194

4900 W 71st St Tulsa OK 74131

https://camploughridge.org

Summer Day Camp ages 6 to 10

- Suicide Prevention (QPR Training)
- Support Groups (Men's Health, Managing Stress, Depression, Anxiety Management, Survivors of Suicide Loss, Bipolar Management, Strength & Serenity, PTSD Management)
- Housing Assistance (Permanent Supportive Housing, Transitional Living for Youth ages 18-25, Affordable Market Rate Housing)
- Employment Support

## **Mindset Behavioral Health**

918-691-1435

#### **Professional Counseling**

5563 S Lewis Avenue Suite 100 Tulsa OK 74105

#### mindset-bhs.com

- Counseling services LBGTQ Friendly Online therapy -
- Substance Abuse Assessment & Report EAP (requires prior approval and based on availability).

#### **NAMI Tulsa** 918-587-6264

#### (National Alliance on Mental Illness)

708 S Boston Avenue Tulsa OK 74119

https://www.namitulsa.org/

 Support groups - Advocacy - Connection - Education - Navigating Mental Health Crisis

#### **Oklahoma Disability Law Center**

918-743-6220

-Tulsa Office

800-880-7755

5555 East 71st Street Suite 9100 Tulsa OK 74136

#### http://okdlc.org/

- Information and Referral Client Advocacy Systemic Advocacy
  - Training on Legal Issues Investigation & Monitoring.

 Accomplished through a six-week program of mentorship, education, peer support and introduction into the recovery and treatment community.

**H.O.P.E.** 918-749-8378

#### (Health, Outreach, Prevention, Education)

3540 E 31st St Ste 3 Tulsa OK 74135

#### hopetesting.org

 Free HIV Testing - Rapid HIV Testing - Hepatitis Testing - HIV Counseling, Testing and Referral - Syphilis Testing - Gonera Testing - No cost testing and low cost physician services.

#### **Hospitality House of Tulsa**

918-794-0088

1135 Victor Ave Tulsa OK 74104

#### https://www.hhtulsa.org/

- Serves family member of those being treated at any Tulsa hospital. Must live more than 30 miles outside of greater Tulsa.
- Referral required from healthcare professional associated with a Tulsa Hospital.
- Families may contribute at a range of \$1 to \$10 per night plus a \$5 key deposit at check-in.

#### **Laureate Psychiatric Clinic and Hospital**

918-481-4000

6655 South Yale Avenue

Tulsa OK 74136

https://www.saintfrancis.com/laureate/

Eating Disorders - Senior Behavioral Health - Adult Inpatient Adult Outpatient - Child/Adolescent Outpatient

#### Mental Health Association of Oklahoma

918-585-1213

5330 E 31st St Ste 1000 Tulsa OK 74135

https://www.mhaok.org/

- Adventure Day Camp ages 11 to 13
- Counselor in Training Camp ages 14 to 16
- Autism Inclusion Program

#### Circle of Care

918-583-9506

1616 N Gilcrease Museum Rd Tulsa OK 74127

https://circleofcare.org/ministries/franceswillard/

 Pearl's Hope Transitional Housing - serves women working to regain custody of children

#### **Calm Center**

918-394-2256

6126 E 32nd Place Tulsa OK 74135

https://www.crsok.org/the-calm-center/

• Youth ages 10-17 - behavioral or substance abuse crisis

#### **Catholic Charities of Eastern Oklahoma**

918-949-4673

2450 N Harvard Avenue Tulsa OK 74115

https://cceok.org/

Food - Emergency Assistance - Adult Education - Counseling -

Disaster Outreach - Dental Care - Healing After Abortion - Healing from Abuse.

#### **Children's Hearing Aid Project**

918-832-8742

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https://www.tsha.cc/resources/childrens-hearing-aid-project/

 CHAP provides assistance to families needing to purchase hearing aids for their child Clarehouse

7617S Mingo Rd Tulsa OK 74133

https://clarehouse.org/

- A unique (no cost) experience of person-centered end-of-life care in a family home environment.
- Leading through stellar service and ongoing education to help navigate serious illness and elevate expectations of dying well.

**Counseling & Recovery Services of Oklahoma** 

918-492-2554

918-893-6150

7010 S Yale Avenue Suite 215 Tulsa OK 74136

https://www.crsok.org/

• Children & Family Services - Adult Services - Opioid Dependence

#### **Dennis R Neil Equality Center**

918-743-4297

 Bisexual Support Group - Counseling (sliding scale based on income) - Transgender Support - LBGT Youth - LBGT Adults -Parents Support Group

# **Domestic Violence Intervention**

918-743-5763

Services (DVIS)

3124 E Apache St Tulsa OK 74110

https://dvis.org/programs/safe\_housing/shelter/

Emergency Shelter - Counseling - Legal - Education & Outreach - Safe Housing

#### **Goodwill TulsaWORKS Career Academy**

918-584-7291

2800 Southwest Boulevard Tulsa OK 74017

https://www.goodwilltulsa.org/gwt/TulsaWorks3.asp

 Career Readiness Training, IT Fundamentals Training, Workplace Computer Skills, Digital Readiness Training, Forklift Operator, Adv Order Picker, Hospitality Training & Certificate, Google IT Support Professional Certificate, GED Training, Unarmed Security

#### **Grand Addiction Recovery Center (ARC)**

1-800-680-8979

6333 E Skelly Drive Tulsa OK 74135

Email: <a href="mailto:arc\_information@glmhc.net">arc\_information@glmhc.net</a> https://grandaddictionrecovery.com/

Medically Supervised Detoxification - Intensive Residential
 Treatment - Residential Treatment - Transitional Living Intensive Outpatient Treatment - Outpatient Treatment Continuing Care - Medication Assisted Treatment (MAT) Services

- Bryce House Transitional Living for Homeless Veterans

#### **Eastern Oklahoma Donated Dental Services**

918-742-5544

9810 E 42nd St Ste 210 Tulsa OK 74145

www.eodds.org

- Donated dental healthcare to Eastern Oklahoma's elderly, disabled and indigent populations
- Only accepts applications by mail.

#### Echota Behavioral Health Services

918-835-3017

2727 E Admiral Pl Tulsa OK 74110

https://www.echotabehavioralhealth.com/services

#### **Ernest Childers Dept. of VA Outpt Clinic**

888-397-8387

https://www.va.gov/eastern-oklahoma-health-care/

8921 S Mingo Road Tulsa, OK

Mental health: 888-397-8387, ext. 4

#### The Haven

981-585-1389

1647 S Elwood Avenue Tulsa OK 74119

https://haventulsa.org/

Helping women overcome alcoholism and other addictions. The a spiritually-based recovery center uses 12-step model and peer support to stop the cycle of addiction.